

## ☀ How Are Your Infants Doing? (0-18 months)

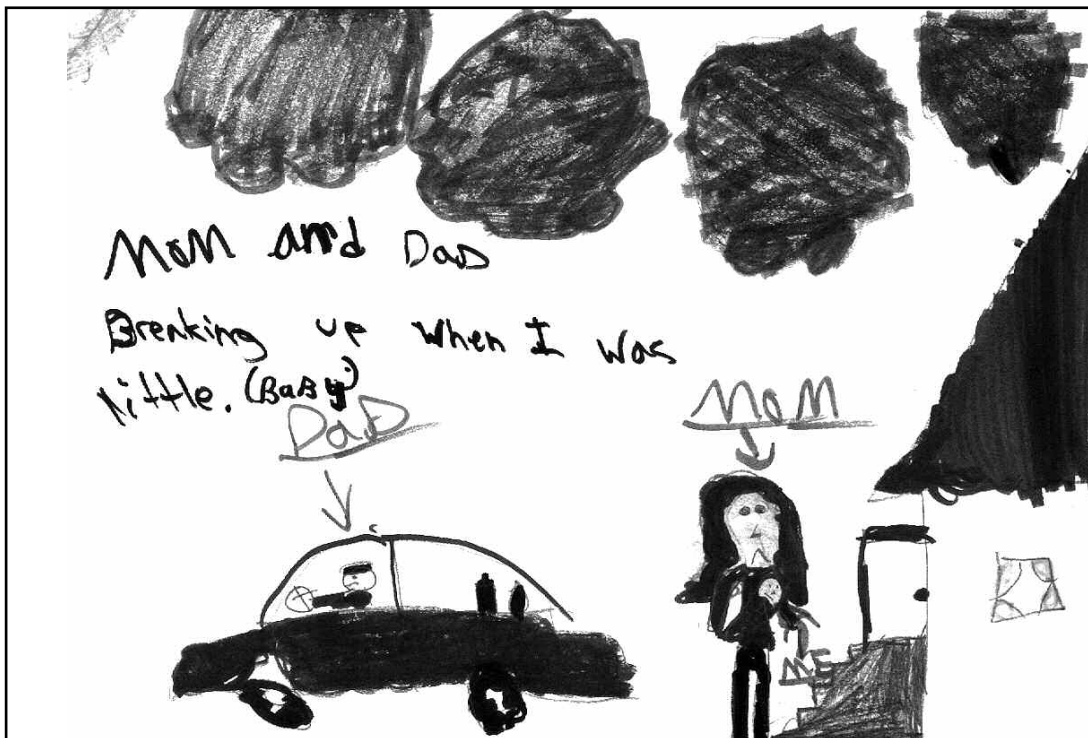
### Things to Consider

- Issues**
- consistency of caregivers, environment, and routine
  - emotional connection with caregiver
  - nurturing and love

Changes to watch for	Problem	No problem
• sleeping changes	<input type="checkbox"/>	<input type="checkbox"/>
• eating changes	<input type="checkbox"/>	<input type="checkbox"/>
• clingy behaviour/ difficulty separating	<input type="checkbox"/>	<input type="checkbox"/>

#### How you can help

- maintain consistency in people and routines
- change routines very gradually
- avoid fighting or yelling in front of the baby



Ashley, Nipisikopahk Middle School

## Children's Worst Fears

- I did something wrong and that is why Mom and Dad are separating; it's my fault.
- If Mom and Dad loved each other before and now they don't, they might stop loving me too.

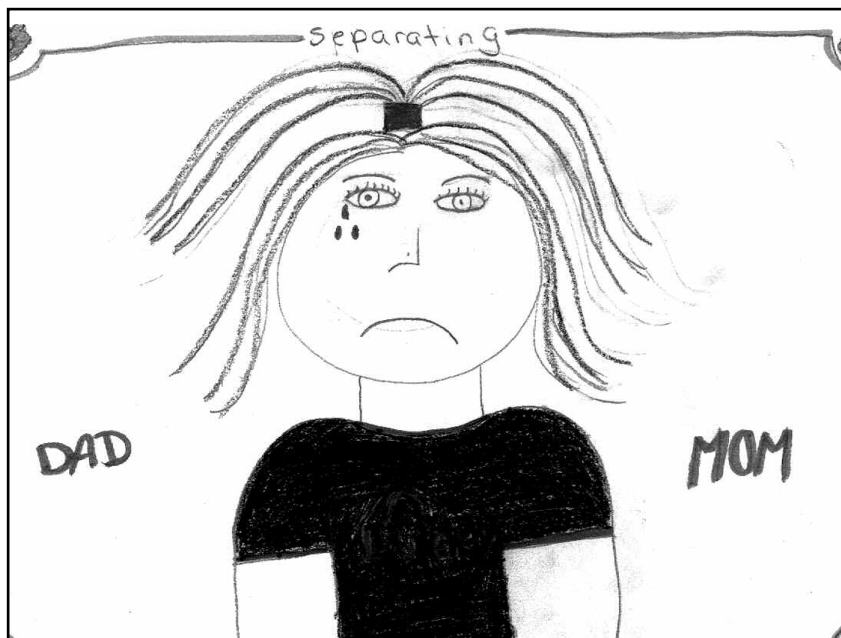
## What Children Most Want to Know

- Mom and Dad will continue to love me.
- Mom and Dad will stop fighting.
- BOTH Mom and Dad will be here in my life.
- If I can't have that, at least one of my parents will be here in my life.

## How Children Often Respond

In general:

- Children of all ages experience insecurity and anxiety when parents separate
- Pre-schoolers focus on security "who will take care of me"?
- Elementary school children show depression and/or anger.
- Junior high school students ask "why", "what is going on"?
- High school students question whether long-term commitment exists in relationships.



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